Results at North Coast Swimming Carnival in Coffs Harbour

<table>
<thead>
<tr>
<th>Male</th>
<th>Age</th>
<th>Events</th>
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<tbody>
<tr>
<td>Hayden Blanksby</td>
<td>15</td>
<td>Boys Open 800 Freestyle 9:38.69</td>
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<tr>
<td></td>
<td></td>
<td>Boys 15 200 Freestyle 2:23.32</td>
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<tr>
<td></td>
<td></td>
<td>Boys 15 100 Backstroke 1:19.74</td>
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<tr>
<td></td>
<td></td>
<td>Boys 15 100 Breaststroke 1:21.58</td>
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<td></td>
<td></td>
<td>Boys 15-16 400 Freestyle 4:48.69</td>
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<tr>
<td>Ryan Everson</td>
<td>15</td>
<td>Boys 15 100 Breaststroke 1:20.39</td>
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<tr>
<td>Sam Nilon</td>
<td>18</td>
<td>Boys 17-19 100 Backstroke 1:10.86</td>
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<td></td>
<td></td>
<td>Boys 17-19 400 IM 5:04.00</td>
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<td></td>
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<td>Boys 17-19 50 Freestyle 25.89</td>
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<td></td>
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<td>Boys 17-19 100 Breaststroke 1:14.06</td>
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<td>Boys 17-19 100 Butterfly 1:04.07</td>
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<td>Boys 17-19 100 Freestyle 57.30</td>
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<td></td>
<td></td>
<td>Boys 17-19 200 IM 2:25.39</td>
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<td></td>
<td></td>
<td>Boys 17-19 200 Freestyle 2:06.41</td>
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<tr>
<td>Maddy Nilon</td>
<td>15</td>
<td>Girls Open 800 Freestyle 10:04.90</td>
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<td></td>
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<td>Girls 15 200 Freestyle 2:18.69</td>
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<td></td>
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<td>Girls 15 100 Backstroke 1:14.29</td>
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<td>Girls 15-16 400 IM 5:34.30</td>
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<td>Girls 15 100 Breaststroke 1:25.58</td>
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<td>Girls 15-16 400 Freestyle 4:54.80</td>
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<td>Girls 15 100 Butterfly 1:13.25</td>
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<td>Girls 15 100 Freestyle 1:04.98</td>
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<td>Girls 15-16 200 IM 2:38.15</td>
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</tbody>
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Year 11 students from Richmond River High School were invited to attend an ‘Extension 1 Mathematics Circle Geometry Workshop’ yesterday in the Library at Lismore High School.

As part of the Lismore Community of Secondary Schools (LCOSS), Richmond River High School Mathematics Faculty has been fostering stronger ties with our partner schools. Lismore High School organised this event, where students met to put into practice skills learnt this term in the classroom. The focus was Geometry, specifically - circle properties - which are used to create formal deductive proofs.

Students started by reviewing axioms used in practice, they created summary sheets which will be invaluable tools for revision next year. Next, groups were formed and focus problems were proven in collaboration. Lastly, a Tournament was held. Teams were formed and past HSC questions were given. Students had 4 minutes to display their formal proofs on whiteboards.

As a result of our collaboration with schools in the LCOSS, Richmond River is able to offer common Topic timelines, Assessment criteria, tasks and dates. This increases the opportunities presented to all students for engagement in Extension 1 Mathematics.

I commend to you the exemplary behaviour of our fine students. The leadership and collaborative skills on display were a joy to witness. This workshop was a great opportunity for students to increase their network, improve their understanding and demonstrate their capacity for team work.

Pictures from the day can be found on FLICK
http://www.flickr.com/x/t/0092009/photos/mrprince/sets/72157632986972932/

Regards,
Cameron Prince
Mathematics Department

These four students will be competing at the State Swimming Carnival which will be held at Sydney Olympic Park Aquatic Centre Homebush, Sydney from 4 - 6th April. We wish them all the best.
Zonta Young Women in Public Affairs

Congratulations to Year 12 students, Natasha Basso and Zoe Galea, who have been selected as finalists in the Young Women in Public Affairs (YWPA) competition, organised by the Zonta Club, Northern Rivers. Both Natasha and Zoe will be presenting a five minute speech on, “Why is it good to not be conventional”, at the Annual YWPA Awards Evening to be held on Friday 22 March 2013, at Invercauld House.

Kate Olivieri will be the special guest speaker at this event. Kate stood for Lismore Council Elections in 2012, and works at Southern Cross University.

We wish them all the best in this competition. If you wish to attend tickets are available at the door $20 per adult and $15 per student or contact 66 203242.

Mrs Seccombe, Girls Advisor

'Disney' Social

RRHS CATCH-UP PHOTOGRAPHS

Richmond River High will be hosting a catch-up day for school photographs on Monday, March 18th 2013 from 9.20 a.m. till 10.20 a.m.

All students:
• must be in full school uniform for the photographs.
• must return their envelopes on the day regardless of whether they are purchasing photos or not. Spare envelopes will be available for students who didn’t receive individually coded envelopes.
• family photographs are available from the front office.
• will present for individual photo to receive a 2013 student ID card. If you have any concerns regarding the school photographs contact the school on 6621 3456.

Canteen News Slush Puppie Machine

New to the canteen as of Monday 18th March

• Made from 99% real apple juice.
• NO added sugar, NON carbonated, NO caffeine, NO fat.
• Registered ‘Amber’ approved with healthy kids association.
• They will sell for $2.00 small cup.
**From the Principal**

Happy week 7 everyone, we actually had at least 6 hours of straight sunshine, what a joy! This week the school held a formal assembly which for me was a most enjoyable eye-opener. I had the first-time experience of leading in an official party, and then being led out by the newly appointed Student Leadership Team. I have included my key note address from that assembly here simply because I thought you as parents would like to know what was said to the students, but also, that you may like to discuss leadership in general with your young person. It was an absolute pleasure to be a part of the ceremony, I congratulate all the elected student representatives.

**Leadership**

In contemporary society, leadership is a word bandied about by all and sundry, we get the idea that it is desirable, that it is something that perhaps we should all be working towards or perhaps it is something that is made clear to us at an early age we do or do not possess. Leadership however is definitely not for everyone.

In 2011/2012 I was lucky enough to be the recipient of a grant that allowed me to go and spend time with some of the very best educational leaders in schools across Australia. The grant was called the ‘Mary Armstrong Leadership Fellowship’ and it is available to one NSW Secondary or Central School Principal each financial year.

During that time I examined many definitions and ideas about leadership but this is the definition I like best:

“Leadership is a process . . . a process by which a person influences others to accomplish an objective and directs a group of people or an organisation in a way that makes it more effective, more cohesive, more coherent, more honest and way more enjoyable to be a part of that group or organisation” (Northous 2007)

The grant allowed me to travel all over the country, meeting with about twenty exemplary Principals in their schools, and spend a couple of hours talking to them and collecting the stories of their leadership journeys, from the time they decided to become teachers until the time their School Education Directors identified them as outstanding leaders.

What I discovered about leadership in those months has forever altered the way I deal with all the people I encounter in schools, teachers, students, parents, community members . . . everyone. And that is the true nature of great leadership . . . simply by being exposed to great leadership, I was strongly influenced to examine my own leadership habits, reflect on them and begin to mould them to a best practice model.

For me, leadership can be characterised in pairs of words, these pairs have been formed after my reflection on the actions, habits, personal characteristics and philosophies of the exemplary principals I spent time with, and I’ll get to those in a minute.

Early in my research it became very clear what leadership is not. Leadership is not about a label; a title; a power suit; a pair of high heels and an ultra-trendy haircut or a badge like the one I wear that says you hold a particular position. Leadership is not about a suit and a tie. Leadership is not about what you say you will do . . . until you actually do it. Leadership is not only about intentions, leadership is about communicating your intention and carrying out those intentions to the best of your ability. Great leadership is an extraordinarily powerful thing, poor or mediocre leadership is a complete waste of time, energy and resources . . . always, always always, aspire to be a great leader, not a mediocre one.

**Now . . . the 5 pairs of words.**

Strong, healthy, transparent leadership is, in my opinion, about having an excellent grasp and practice of these concepts. It is my belief that the pairs of words are inseparable; that is; to do one well you must have the other.

A leader must be:

**Visionary AND Grounded** – a leader must not only have the big picture of where it is the group needs to go but they must also possess an earthly, realistic, human view of how to get there, and get there well.

**Passionate AND Determined** – a good leader must have fire in their belly, they must believe in the worth of what they are doing and stay determined to find the best way of achieving it while keeping the group working hard together and focussed on the job.

**Character AND Heart** – a strong leader must possess the RRHS, respect, responsibility, honesty and safety, and they must have a heart big enough to have compassion and understanding of the people they encounter and the circumstances of their lives.

**Decisive AND Flexible** – A true leader will have the capacity and the guts to make strong, considered decisions, and they will recognise the times when a course of action, or a behaviour, or a process needs to flex and move to meet the needs of the group.

And lastly . . . but perhaps most importantly

**Confident AND Brave** – a good leader must know themselves deeply, and well enough to have confidence in their decisions, their reading of a situation and their judgement on a particular issue, but at the same time they need to be brave enough to make mistakes . . . and admit it when they get it wrong. A great leader is not a perfect leader, a great leader is someone who can sit back with the group, observe a situation and say ‘hey we got that one wrong . . . Now how do we fix it?’

I could literally talk for hours on this subject, but I won’t do that here, it is a true passion of mine, and leadership development in all school personnel is something I take as a deep responsibility of the Principalship, it is embedded in the role.

To all the young people here, particularly the elected members of the SRC and our school captains and vice captains, I know you are at the beginning of your leadership journey, and I know at times it can be daunting, but it is so worth it. Congratulations on gaining your leadership position, enjoy it, grow with it, work hard at it and reflect upon it, you are embarking on an exciting journey.

To the rest of the student body, these are your elected representatives; you have a responsibility to support them, to communicate with them and to assist them in truly representing you. It is through you, your teachers, the school executive and their families, and our interactions with them that they will truly develop their leadership skills.

Again, congratulations, best of luck and I hope you enjoy the leadership ride as much as I do.

Mary-Jane Pell

Relieving Principal
RRHS - Week 8

Monday 18/03/2013
- Year 12 Exams
- School Photos catch-up 9.20 a.m. – 10.30 a.m.

Tuesday 19/03/2013
- Year 12 Exams

Wednesday 20/03/2013
- Year 12 Exams
- Year 8 Beach Trek
- Open Rugby Union

Thursday 21/03/2013
- Year 12 Exams
- Year 8 Beach Trek

Friday 22/03/2013
- Year 12 Exams
- Year 8 Beach Trek
- Year 12 Textiles Excursion to Brisbane
- AFL at Ballina for students in zone team
- Blood Bank

Canteen Roster - Week 8

Monday 18/03/2013
Kathy Goulding

Tuesday 19/03/2013
Sue Parrish

Wednesday 20/03/2013
Kelly Wilson

Thursday 21/03/2013
Kelly Wilson

Friday 22/03/2013
Linda Grey

Canteen volunteers are needed. If you can help please phone Kathy Claydon on 6621 4890.

P&C News
At the AGM on Wednesday night the new committee was elected as follows:

President: Tanya Harvey
Vice Presidents: Lee Duncan and Des Harris
Treasurer: Sharon Dransfield
Secretary: Lisa Hampson

Uniforms
Lowes Menswear at Lismore Square is our uniform supplier. They now have all sizes of white shirts back in stock.

Thanking you for your help.

Tania Harvey, P&C President

P & C AGM Meeting
6.00 - 7.30 p.m.
Wednesday
10th April 2013

Mary Vidler Gowns Debutante Ball

11th May 2013

To be held at Lismore Workers Club
Girls who would like to take part in this year’s

Debutante Ball
Help us raise money to purchase equipment for Breast Cancer Surgery at Lismore Base Hospital
Supported by Lismore Lions Club

Please register at:
Mary Vidler Bridal
16 Carrington Street, Lismore Phone 6621 6724

Attention 14’s and 16’s NIMBIN HEADERS FOOTBALL CLUB needs you. We need more young people to make up these teams. Come along for fun and fitness. Contact the registrar Grant Mercer on 66322038.

Lismore Swans Junior AFL

Come and try Australian Rules Football
U14’s players required

Contact: lismoreswansjafl@gmail.com

Gold coast Suns Community Event

Friday 22nd March 2013
4:30 pm – 7:30 pm at Byron
Regional Sporting Complex, Ewingsdale Rd, Byron Bay.
20 plus Gold Coast Suns Players.
Local club sign-on available.
For more info contact: lismoreswansjafl@gmail.com
A Scholarship program from Father Chris Riley “Youth of the Streets” is available. The youth off the Streets program celebrates the gifts and strengths of young people from the Australian community who exhibit extraordinary promise, but who lack the personal support networks and resources that will allow them to fulfil that potential. This scholarship provides financial and personal support for young people to pursue their education in any field, including (but not limited to): academic skills, visual or performing arts, sport, trade skills, and music. This year 20 young people from throughout Australia will be awarded scholarships and receive funding of up to $5000 for two years to help them with their education and training.

Areas to consider in application:

Brief personal background of the person: living arrangements, challenges, interests, family etc.

What you consider to be a talent of the young person and how the scholarship would help the individual pursue their education/training goals in this area.

How the funds would be used over the two year time frame.

Why the individual would struggle to fulfil education/training goals without this scholarship.

Achievements to date that demonstrate young person talent in the chosen area.

Any financial assistance the young person from government or non-government agencies.

If you would like further information please contact me via email, phone (EXT 116) or passing in the school grounds. A bit of work has to go into the application form, but if successful it could be a major turning point in one young person’s life.

Nominations close April 5 2013, I would be happy to help with the application.

Scott Harrison
Student Support Officer
Richmond River High School
**Video Game Development**

Learn to Create Commercial Quality Video Games!

By the time you leave this event you will be able to create your own huge 3D World and start creating your first game.

You will also learn to write code to move and spawn objects, detect collisions, create explosions and special effects - you will also learn the 12 key coding concepts needed to develop games.

**When:** Wednesday 27th March 1-3 p.m.

**Where:** RRHS River Theatre

**Cost:** $45

See Ms Moverley for more information and excursion sheet

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**NEW CALEDONIA TRIP**

Hello, I am planning to take four RRHS Students aged 14+ to New Caledonia from July 3rd to 11th this year. They will participate in a homestay programme, have three hours of French lessons per day and participate in fabulous excursions and cultural activities.

We are currently looking for interested participants, students or adults who would like to get away for the week. For adults you will not be home staying, but staying in Le Pacifique Hotel in Noumea, which is a 3 star hotel with a huge swimming pool situated 5 minutes from the beach. The cost including flights, transfers and most food is approximately $2300. The more the merrier and the cheaper! If you have any questions, please contact me asap.

*Miss N Lishman*

Language Teacher

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**Links to Learning**

Twelve students from RRHS have been selected through an interview process to participate in the Links to Learning program this year. These students will be provided with learning opportunities and support services to assist them to remain in or re-engage with education or training or transition to employment. The Links to Learning Program is funded by the NSW Minister for Education and Training and is administered by the Department of Education and Training. Youth Connections, Lismore delivers this valuable program to our students.

The Links to Learning Program for this year includes:

- Cert I Skills for Work and Training (TAFE Certified).
- Breakfast and lunch, food and nutrition program (including basic food preparation and cooking skills, breakfast and lunch provided).
- Staying Safe Program; Health related staying safe education/information and introduction to other local area health service providers.
- Active Mentoring Program.
- Rage, Resilience and Rock and Water Programs.
- Access to free support and counselling if needed.
- Fun, engaging, creative and physical activities.
- Work experience in Terms 3 and 4.

*Mr L Klose*

Transition Advisor

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**Transition Advisor**

Throughout 2013 I will be delivering a program aimed at assisting selected Years 10 and 11 student’s transition through school and onto post school opportunities. Students may be assisted in the following ways:

- staying on track at school with attendance and submission of assessment tasks
- choosing appropriate Years 11 and 12 courses
- accessing work placement
- accessing school based apprenticeships and apprenticeships
- participating in appropriate training courses.

If you have any queries about my role please don’t hesitate to contact me at the school.

*Kind Regards,*

*Mr L Klose*

Transition Advisor