Sun Safety in PDHPE
We have welcomed summer weather early in PDHPE this year and would like to remind all parents/caregivers that students are strongly encouraged to bring a hat, sun cream and a drink bottle to all PDHPE lessons. While we understand some students are more sensitive to the sun, participation in well planned and suitable physical activities during lesson time is required. As always appropriate drink breaks and reminders for sun safety are given by all teachers, however, we strongly encourage student personal responsibility.

Year 7 Beautiful Graduation
Fifty two Year 7 girls graduated from the Beautiful self esteem program this Wednesday with a special luncheon at Alphadale in Wollongbar. The girls had a wonderful time both at lunch and throughout the program learning about seeing their own value and taking care of their bodies and their relationships. We would like to thank Helen Thomas, Carly Van Beers and Michelle Atherton for supervising the program each week and all of the Beautiful volunteers from the Lismore Churches for their time and efforts. It is wonderful to see a program which celebrates the value and worth of our girls.

Sports Leadership - Learning to Lead
The Sport Leadership Program provides a sequential pathway for students from Year 5 to Year 12 to participate in a range of online and practical coaching, administration, refereeing and organisational sport and physical activity courses to progress to gaining a national credential in sport coaching or sport administration or both! On Thursday Year 4 and Year 5 students from Bexhill, Lismore Heights and South Lismore Public schools attended a Sports Leadership day at our school. Students from Year 8 and Year 9 taught the primary students small sided games as well as how to run skill sessions and minor games linked to Hockey, Soccer and Touch Football/Oztag. All the student leaders from Richmond River did a fantastic job and should be congratulated for their efforts.

Justine Thomson
Year 8 Advisor
PDHPE Teacher
YEAR 11 EXAM TIMETABLE

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
<th>Exam</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon AM</td>
<td>16th</td>
<td>9.05-11.00</td>
<td>MPU</td>
<td>French</td>
<td>1hr50</td>
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<tr>
<td></td>
<td>Sept</td>
<td>9.05-11.10</td>
<td></td>
<td>Legal Studies</td>
<td>2hrs</td>
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<tr>
<td></td>
<td></td>
<td>9.05-10.45</td>
<td></td>
<td>Industrial Technology</td>
<td>1hr30</td>
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<td>Photography</td>
<td>No Exam</td>
</tr>
<tr>
<td>PM</td>
<td></td>
<td>1.35-3.10</td>
<td>MPU</td>
<td>Mathematics Extension</td>
<td>1hr30</td>
</tr>
<tr>
<td>Tues AM</td>
<td>17th</td>
<td>9.05-10.15</td>
<td>Music Room</td>
<td>Music-aural</td>
<td>1hr10</td>
</tr>
<tr>
<td></td>
<td>Sept</td>
<td>9.05-11.10</td>
<td></td>
<td>Physics</td>
<td>2hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>9.05-11.10</td>
<td></td>
<td>Society &amp; Culture</td>
<td>2hrs</td>
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<tr>
<td></td>
<td></td>
<td>9.05-10.45</td>
<td></td>
<td>Textiles</td>
<td>1hr30</td>
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<td></td>
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<td></td>
<td></td>
<td>SLR</td>
<td>1hr</td>
</tr>
<tr>
<td>PM</td>
<td></td>
<td>12.15-3.15</td>
<td>RT</td>
<td>Drama Performance</td>
<td></td>
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<tr>
<td>Wed</td>
<td>18th</td>
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<td></td>
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<tr>
<td></td>
<td>Sept</td>
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TAFE AS NORMAL

The Sydney Symphony Orchestra's Playerlink project is coming to Lismore this weekend 13-15th September hosted by the Northern Rivers Conservatorium and Richmond River High School. Each year a group of Sydney Symphony Orchestra musicians travels to a regional centre to work with a specially formed youth orchestra. This pop-up music camp provides a unique opportunity for young musicians to learn from some of the best in the business. The weekend activity will end with a 1 hour free family style presentation on Sunday 15 September 2-3 p.m. at Richmond River High School including music by Tchaikovsky, Prokofiev, and Horner’s The Lord of the Rings. Everyone is welcome!

Regards
Ben Wordsworth

REMEMBER—MEDICAL INFORMATION FORMS

During Terms 3 and 4 we are updating our medical records systems to ensure we have the most up-to-date information on your student’s health.

Forms were mailed out to the families of those students who are identified as having allergies and/or a medical condition. These forms are due back to the Office.

This is a reminder to all our parents and carers who received a Medical Update Form in the mail last month, to please ensure that you return these completed forms to the School Office at your earliest convenience.

YEAR 12 FORMAL TICKETS ARE NOW AVAILABLE FOR PURCHASE FROM THE FRONT OFFICE.

The tickets are $36.00 each and a maximum of 4 tickets are available per student (incl. students ticket). All Year 12 students need to purchase a formal ticket for themselves as well.
From the Principal

Year 12 End of Term
Next week is the final week of the term and the last week of official school for Year 12 students. We wish them all the very best for their study and upcoming examinations. On Thursday we are holding our ‘slave day’ for Year 12 and Exo Day in the afternoon. On Friday morning there will be a breakfast for our Year 12 students organised by Year 11 and staff followed by the Year 12 Formal Assembly at 12 noon and an afternoon tea for Year 12 and their parents when it concludes.

Senior Examinations
This week has been a busy week with Year 11 examinations. The vast majority of students have taken these examinations very seriously and recognise their importance in relation to completing their Year 11 studies. Congratulations! I would like to emphasise to all students that strict examination conditions apply during these examinations and hence students are not allowed to have mobile phones or other electronic devices on them during the tests. Also, I am reminding students that talking during the exams is not permitted and that all students must stay in their assigned seat until the end of the exam. These rules are in line with HSC examination rules.

Mandatory Leather Shoes
It is envisaged that 2014 will see reintroduction of mandatory leather shoes for all students undertaking courses in practical rooms, kitchens and science labs. This then includes the entire junior school and the majority of seniors undertaking courses in one of these areas. This mandatory health and safety requirement is across all schools and vocational education sites and is one that will need to be adhered to in 2014. I will provide more information about this early next term.

I look forward to finding out how everything went at Great Keppel for our Year 10 students.

Enjoy your weekend.

Mr Dave Harvey
Principal

From the Deputy

The Kids in Community Dinner will be held on Tuesday 17th September. Tickets are on sale for the Kids in Community Dinner at Lismore Workers Club. Richmond River High School has several nominations for the night. Tickets are $30. We are very proud of the students that have been nominated as individuals and groups for their efforts to make the Lismore community a better place to live in.

The Correct Process for Collecting Sick Students
Students who are feeling sick in school time are required to see their class teacher for a pass to sick bay. Students then report to the front office where school staff will assess the student and contact parents if the students need to be sent home. Students should not be ringing parents from mobile phones as this causes issues in the front office as we try to establish the cause for concern and locate students when the parents arrive to pick them up. If the correct procedure is followed students can be in sick bay waiting for parents when they arrive at school and there is little time wasted for parents or our very busy office staff.

Students who need to leave school early for appointments or family commitments
A note must be sent with students to school on the day they wish to leave early. This request is processed in the morning and a leave pass granted. Students can show the pass to teachers, sign out at the front office and meet parents at the correct time in the foyer. Office staff are incredibly busy and if parents ring to arrange early leave passes it more than triples the workload for our office staff. Of course in an emergency we can arrange this but it is our role to encourage students to take responsibility to plan ahead and to follow the school processes and procedures that are in place.

Mrs Williamson
Deputy Principal

ATTENTION
YEAR 12
STUDENTS
The HSC English examination on Monday 14th October will now be held at Richmond River High School MPU.

The exam will commence at 11.20 a.m. and finish at 13.30 p.m.

DO NOT GO TO THE WORKERS CLUB FOR THIS EXAM ONLY

On Thursday 5th September ACARA identified an error in the placement of the national average markers on the Years 5 and 7 NAPLAN Student Reports for Language Conventions. Importantly the NAPLAN student data is correct.

ACARA made the immediate decision to halt any further packaging and distribution of NAPLAN reports while options regarding the distribution of correct NAPLAN Student Reports were considered.

ACARA is working closely with Test Administration Authorities (TAAs) in every state and territory to ensure correct reports are distributed. This matter may result in the delay of the distribution of student reports, possibly to the week of 13th October, however ACARA and TAAs will seek to minimise the delay.

Being
RRHS
Is:
Responsible
Respectful
Honest
Safe

Richmond River High School    Telephone: 6621 3456   www.richmondri-h.schools.nsw.edu.au    Canteen: 6621 4890
FUTSAL
5-A-SIDE INDOOR SOCCER
LISMORE SIGN ON DAYS
14TH, 15TH & 22ND SEPTEMBER
LISMORE SHOPPING SQUARE
9 A.M. - 4 P.M.
COMPETITIONS AVAILABLE FOR BOYS & GIRLS,
AGES 6 YEARS & UP
WOMEN & MEN
For more information contact:
DAMIEN - ph: 0458 201 134
damiennparker@australianfutsal.com
www.australianfutsal.com

Free parenting programs at Family Support Network:
Bookings essential for all parenting programs. Please phone 6621 2489 to book a place.

123 Magic with Gudrun
When: Tuesdays Oct 15, 22 and 29 (3 weeks) from 10 a.m. to 12:30 p.m.
Who: For parents of children 2-12 years old.
Where: 143 Laurel Ave, Lismore.
What: 123 Magic use an easy to implement counting technique and assists parents to self regulate and to coach their children on how to manage their strong emotions. 123 Magic is designed to provide parents and carers with skills to deal with difficult behaviour and provides strategies to help make parenting as enjoyable as possible.

Triple P Parenting Group with Kim
Who: For parents of children 2-12 years old.
Where: 41 Wilson St, South Lismore.
When: Thursdays on Oct 17, 24, 31, Nov 7, 14 & 21 (6 weeks) from 10:30 a.m. to 1 p.m.
What: Triple P is a system of easy to implement, proven parenting solutions that help solve current parenting problems and prevent future problems before they arise by understanding what works for each child.

RRHS - Term 3 Week 10

Monday 16/09/2013
- Year 11 Exams
- Kids in Community Awards at Lismore Workers Club

Tuesday 17/09/2013
- Year 11 Exams
- Kids in Community Awards at Lismore Workers Club
- Beautiful Girls Graduation (2) 11 am - 1.30 pm

Wednesday 18/09/2013
- Beautiful Girls Graduation (2) 11 am - 1.30 pm

Thursday 19/09/2013
- Year 12 Slave Auction

Friday 20/09/2013
- Year 12 Breakfast
- Year 12 Farewell Formal Assembly 12 noon

Canteen Roster - Term 3 Week 10

Monday 16/09/2013
Kathy Goulding

Tuesday 17/09/2013
Sue Parrish

Wednesday 18/09/2013
Meryl Condon

Thursday 19/09/2013
Kelly Wilson

Friday 20/09/2013
Lee-anne Gibson & Linda Grey
Canteen volunteers are needed. If you can help please phone Kathy Claydon on 6621 4890.
Half Day or Full Day

Air Force Force Cadet Recruitment Night
An information night for candidates and parents will be held at 6 p.m. Friday 20 September 2013.
Venue is at Airforce Road, East Lismore. For further information ring Roy - 0405 166 060 OR Steve - 0427 635 331.

P & C Meeting
6.00 - 7.30 p.m.
Wednesday
9th October 2013
Dear Parent / Caregiver

School sport forms an important and compulsory part of each week at Richmond River High School. It is expected that all students from Years 7 to 10 will actively participate in one sporting activity per term to enable an enjoyable experience. We acknowledge the physical, social and personal benefits sporting and recreational activities offer and seek to enable students to experience these benefits through a wide range of activities. Please note sport takes place on Wednesday Morning during periods 2-3 for all students.

The sports below are being offered this term. Once again RRHS has a wide variety of sports and activities for selection. Some sports are free and others have associated costs, sports can only run if enough students select them. If a student does not choose a sport by the due date, they will be allocated to ‘At School Sport’ for fully supervised activities within the school grounds.

RRHS has a policy of paying “up front” for sports with an associated cost. This pays for the venue and the bus travel for the whole term. Students must travel on the bus where one is provided and their sport must be paid for before they complete a sport with an associated cost. As conducted last term, sport rolls for PAYING sports will be created once students have paid for their sport. If a student does not pay by the due date they will be placed in ‘At School Sports’.

Sports/ school uniform must be worn or students will not be allowed on the bus. Sport selections are below with costs.

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</thead>
<tbody>
<tr>
<td>1.  Lawn Bowls</td>
<td>$30</td>
<td>Nil</td>
<td>Nil</td>
<td>$30</td>
<td>$45</td>
<td>$60</td>
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<td>Nil</td>
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<td>$20</td>
<td>Nil</td>
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<td>$20</td>
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Justine Thomson          Dave Harvey
Sports Organiser         Principal

___________________________________________

**PLEASE COMPLETE THIS SECTION AND RETURN IT TO THE OFFICE WITH PAYMENT**

**Wednesday Sport**

My Sport Choice is: [ ]

I hereby consent to my son/daughter/ward: ___________________________ of Year ___________________ participating in Sport at RRHS 2013 on Wednesdays, which is a compulsory part of the Year 7-10 curriculum.

I understand that they will travel to sport on a bus or walk under the supervision of their teacher and I give permission for them to do so. **I enclose $________ being the total cost of this choice.**

Signature of Parent/Caregiver ________________________________