AMPLIFIED
HSC SHOWCASE 2014
Sunday 31st August
5.00 pm in the River
Theatre - HSC DRAMA

Monday 1 September
5.30 pm in the River
Theatre - HSC MUSIC,
Visual Art & Photography Exhibition
Everyone Welcome!!

Social
“Farewell Year 12”
Tuesday
2nd September
Lismore Workers Club
6 - 9 p.m.
$6.00 entry

Expectations for behaviour at the school social:
- School rules apply
- Drug and alcohol free
- Footwear - no thongs - shoes must be on the whole night
- Appropriate clothing
- School on show
- Bags and clothing outside
- No drink bottles inside - water available inside
- No glassware
- No breakage of glow sticks – pay for damage
- Right money and ID cards in first
- Hand will be stamped
- No-one allowed to leave the social
- Arriving late - note to warn staff and parent to bring you to the door
- Leaving early - only if collected by parents
- Excluded from social - owing detentions overdue, roomed or suspended this term
- Once in the hall no-one is allowed to get things from bags or go to the toilet until all students are admitted into the hall
- If not at school that day they cannot attend the social.

CAREERS
Position: Welding Apprenticeship – Richmond Waste – Contact Michael Barnes ph. 66217431

Position: Hairdressing Apprenticeship – Winks Hairdressing Lismore – Contact the Salon ph. 6622 4388

Position: Currently seeking to fill a fulltime Administrative Traineeship in Lismore.
The Traineeship would ideally be in Cert III, but it would also be considered for students with strong potential to commence at the Cert II level.
The position will start within the next 6 to 8 weeks, but this could be brought forward slightly or delayed for the right candidate.
I am also interested in seeking interest from indigenous students, who are also hoping to commence a career within administration.
If this sounds like you please see Mr Eden Weir in the careers room.

Eden Weir
Career Adviser
Hello to all parents and carers,

The Learning & Support Team will be passing on information and resources about issues that can cause major problems for teenagers and adults. This will cover topics such as bullying, resilience, peer issues, drugs and alcohol, cyber safety, technology apps, mental health and well-being will appear weekly in the River Views. If you have an area of interest please contact Scott Harrison at RRHS to discuss what information you would like to hear about.

Resilience
This week we have 10 tips for helping to build resilience in children; this will be delivered over 2 weeks with 5 tips this week.

Resilience is the ability to ‘bounce back’ from life’s difficulties. For many young people it is vital to help them develop resilience strategies that promote well-being and develop coping mechanisms. Many resilient teenagers are seen as resourceful and are emotionally and mentally balanced.

Andrew Fuller is a clinical psychologist and Generation Next speaker, he describes resilience as “the happy knack of being able to bungy jump through the pitfalls of life – to rise above adversity and obstacles.”

Tips for building resilience in children.

1. Make connections
Teach children how to make friends and develop empathy. Encourage them to be a friend in order to get friends. At school, watch to make sure that one child is not being isolated. Connecting with people provides social support and strengthens resilience.

2. Teach children to help others
Children who may feel helpless can be empowered by helping others. Ask for help with a task they can master. At school, brainstorm with children about ways they can help others.

3. Daily routine
Following a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage children to develop their own routines.

4. Take a break
Although it is important to stick to routines, endlessly worrying can be counter-productive. Show children how to focus on something besides what’s worrying them.

5. Self-care for children
Teach children the importance of making time to eat properly, groom themselves, exercise and rest. Children need ‘down time’ to relax, so make sure that not all free time is filled with a scheduled activity.

Information from Generation: http://www.generationnext.com.au

With the staff of RRHS and families working together we can help your children have a great experience at school and extend this out to all aspects of life.

Have a great day
RRHS Learning and Support Team
Hey, come and JOIN OUR MOB

a deadly employment opportunity for Aboriginal people in a school administrative and support staff team

friendly environment new skills rewarding career great opportunities

SCHOOL: Richmond River H.S

POSITION: School Administrative Officer

DATE: 4 Sept. 2014

TIME: 11:00am

have a yarn with us

grab some information flyers from the Yarn Up or contact Aboriginal Employment and Career Initiatives, People and Careers
aboriginal.employment@det.nsw.edu.au
02 8836 8102

NSW Education & Communities
Richmond River High School

Year 11 Yearly Examinations Timetable
Weeks 9 and 10  Term 3  2014

<table>
<thead>
<tr>
<th>Day/Date</th>
<th>AM/PM</th>
<th>Time</th>
<th>Venue</th>
<th>Examination</th>
<th>Duration</th>
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<tr>
<td>Monday  8 September 2014 AM</td>
<td>AM</td>
<td>9:10-10:50</td>
<td>MPU</td>
<td>English Standard</td>
<td>1.5 hours</td>
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<td>Thursday 11 September 2014 AM</td>
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<td>MPU</td>
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<td>Business Studies</td>
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<td>Food Technology</td>
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<td>Physics</td>
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<td>Entertainment</td>
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<td>Society &amp; Culture</td>
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<td>Friday  12 September 2014 AM</td>
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<td>9:10-11:15</td>
<td>MPU</td>
<td>Earth &amp; Environmental Science</td>
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<tr>
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<td>Industrial Technology</td>
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<td>MPU</td>
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<td>Chemistry</td>
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<td>Senior Science</td>
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<td>Sport, Lifestyle &amp; Recreation</td>
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<td>Community &amp; Family Studies</td>
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<td>Metals &amp; Engineering</td>
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<td>MPU</td>
<td>Modern History</td>
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<td>AM</td>
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<td>Thursday  18 September 2014 AM</td>
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<td>9:20-3:00</td>
<td>Room 19</td>
<td>Music (Practical)</td>
<td>All Day</td>
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<td>10 River Th.</td>
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<td>Drama (Practical)</td>
<td>All Day</td>
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Students return to normal timetabled lessons on Thursday 18th September except Music and Drama students.
From the Principal
Dear Parents and Caregivers
The local NSW Education Department Education Week’s award ceremony was held this week at Goonellabah Primary School. The purpose of these awards is to acknowledge and celebrate the great work carried out by students, community members and staff in and associated with public education. It was a very proud moment for me to witness three of our students, Arthur Hyde, Meg Hill and Jemma Restall for their high level academic performance, commitment to learning and involvement in social issues. Three of our staff were also awarded for their hard work and commitment to the students at Richmond River and they were Cathy Tavener, Michael Hensley and Paula Moverley. Three of our community members, Tania Harvey, Dwight Wyatt and Darcy McFadden were also acknowledged for their long standing high level support to our wonderful school.

At the ceremony Crystal Kay, a Year 11 student sang and performed for the audience as did two more Year 11 students, Deana and Julia Batten. All three students were sublime in their performances and demonstrated such passion and skill. I would like to thank each of them for giving up their free time to participate in such an event. Also I would like to thank and congratulate Mr Ben Wordsworth for his high level organisation and assistance he provided in setting up the music and supporting our three students. Big thanks all round!

I also had a wonderful night on Tuesday at the Public Education Lismore Performing Arts Festival. While the festival is largely designed for participation by students in our local for primary schools Deana and Julia Batten also performed on the night. All students who participated were just fantastic and the support provided by staff and parents across our schools was just inspiring. Deana and Julia performed “Hallelujah”, a song originally written by Lenard Cohen – they were just amazing!

I hope everyone has an enjoyable sun filled weekend.

Dave Harvey
Principal

From the Deputies
School Social Information
Thursday 2nd September, Lismore Workers Club 6 - 9 p.m.

At the beginning of the social
All parents are to personally drop off their children to the social directly into the care of one of our teachers at the entrance to the Club. This will ensure that every student arrives safely under the supervision of a parent.

At the end of the social
At the end of the social we will endeavour to disperse the students two year groups at a time starting with Years 7 and 8 students at around 8:50 p.m. followed by students in Years 9 and 10 at 8:55 p.m. and then Years 11 and 12 students at 9 p.m. It is paramount that each parent picks up their child from the social from the entrance to the Club.

Students are not to leave the premises without a parent. This is particularly important so that all our students leave the social with a parent by their side. In other words students are not to cross the road and meet parents in the car park or somewhere else near the Club. This process is to ensure that every student leaves the social in the care of their parent.

Students who have been roomed or suspended since the last school social (19.6.14) or who owe detentions will not be permitted to attend the social. A list of students unable to attend the social will be displayed outside the DP’s office and available from Year Advisors.

Safety in the school
Tackle Sports - It is not permitted for any playground games to include tackling or any rough play. It is permitted for students to play tipping games or touch football but only in the active area - the back oval. It is extremely dangerous for any students to be playing running or tipping games around any of the buildings. Students will be faced with serious consequences if they do not adhere to these safety procedures.

Students walking through the car park: Students are not permitted in the car park areas at any time and should not take short cuts through the car park on their way to or from their buses. Please talk to your students about ensuring that they understand the reasoning behind such safety rules.

Supervision before school
Student need to arrive at school and forward into the central quad area where they will be supervised by staff. No students are to go on the basketball courts or the back oval at any time before school.

Bus Bay
Students need to remain in the bus bay area while waiting for their buses. Students are not to be in unsupervised areas in the school or playing sports on the back oval or basketball courts. Students can easily miss their buses causing great inconveniences for parents and the school. Make sure you stay in supervised areas.

Di Williamson
Deputy Principal
From the Deputies

Our 2014 HSC CAPA Showcase, Amplified Week, kicks off this Sunday, 5 - 6 p.m. with Drama Performances and continues on Monday afternoon with Music and then Tuesday with the Visual Art and Photography Exhibition, all in the River Theatre. We hope that you can all come along and enjoy the exceptional quality of work that this year’s senior artists, actors and musicians have produced. See further details in this newsletter.

Congratulations to the HSC Drama Students who completed their official performance examinations today. Visiting examiners from the Board of Studies marked the outstanding work of our students. It is quite a nerve wracking experience being examined on a performance, but our Year 12s were well prepared and their dedication paid off. The Drama students have now completed 60% of their formal HSC examination for the course. There was a collective sigh of relief from all when the exams concluded.

Well done to Josie Coles, Gemma Haycock, Janaya Everingham, Kaitlyn McRae and Melissa Mills of Year 12 who have been selected to perform at DramaWorks, a regional showcase of the best HSC works in the Star Court Theatre on Thursday 4th September. Break-a-leg girls.

This week it has been pleasing to see so many of our students engaging in their learning and making positive behaviour choices. Sadly, however, we have had to follow up on a number of students who have not attended a lunch time Executive detention. Receiving an Executive detention is a serious consequence, as well as a warning for the student concerned to make more appropriate behaviour choices. Most students are placed on the detention list because of truancy or uniform issues. Thankfully, the students concerned complete their detention promptly and we do not see them on the list again. Unfortunately, the students who have not attended their detention will be called for a meeting with the Deputy Principal and will have further consequences put in place.

Thank you to all of the families and students who make the effort every day to ensure that the correct uniform is worn. There are a few students who need to be reminded that grey or red jumpers are our school colours. Black jumpers are not part of the uniform, nor are jumpers with logos other than the RRHS crest. Seniors are welcome to wear their senior jacket. In the wet weather it can be difficult to have the uniform dry and ready for school. In instances when uniform is unavailable please ensure your student brings a note from home and checks in at the library for a uniform pass before roll call.

Peter Howes
Relieving Deputy Principal

REMINDER
NOMINATIONS
FOR YEAR 7
2015 HIGH
ACHIEVERS
CLASS CLOSE
ON FRIDAY 13TH
SEPTEMBER.
See your Primary School Principal for the application booklet.

SCHOOL FEES
A friendly reminder that school fees are overdue for payment. They can be paid at the Front Office by either cash, cheque or eftpos. You can also pay over the phone by credit card if you wish.

YEAR 12 FORMAL TICKETS ARE NOW AVAILABLE FOR PURCHASE FROM THE FRONT OFFICE.
The tickets are $36.00 each and a maximum of 4 tickets are available per student (incl. students ticket). All Year 12 students need to purchase a formal ticket for themselves as well.
**RRHS - Term 3 Week 8**

**Monday 01/09/2014**
- HSC Poetry Lectures by David Hallett
- Amplified HSC Showcase 5.30pm River Theatre

**Tuesday 02/09/2014**
- North Coast Region Deaf Camp
- Year 12 Farewell Social, Lismore Workers Club, 6 p.m. - 9 p.m.

**Wednesday 03/09/2014**
- North Coast Region Deaf Camp

**Thursday 04/09/2014**
- North Coast Region Deaf Camp
- SCU International Students Visit
- DramaWorks Excursion

**Friday 05/09/2014**
- North Coast Region Deaf Camp
- Year 10 Land & Water Field Day

**Attention all Parents and Carers**

Our newsletter the ‘River Views’ is published every Friday and is uploaded onto our website: [www.richmon드리-h.schools.nsw.edu.au](http://www.richmon드리-h.schools.nsw.edu.au) and emailed to parents whom we have received their email addresses.

We do not provide paper copies unless specifically requested by parents and the students need to come up to the front office to collect a paper copy at 3.15 p.m. on Friday afternoons.

If you would like a copy emailed to you then please contact the front office on 66 213 456.

See the Maths staff to obtain the password.

**Canteen Roster - Term 3 Week 8**

**Monday 01/09/2014**
Nola Mangan and Jo James

**Tuesday 02/09/2014**
Toni Woodland

**Wednesday 03/09/2014**
Meryl Condon

**Thursday 04/09/2014**
Kelly Wilson

**Friday 05/09/2014**
Kelly Wilson

Canteen volunteers are needed. If you can help please phone Kathy Claydon on 6621 4890.

The official Richmond River High School Facebook page is here: [RRHS Facebook Page](http://www.facebook.com/richmondriverhigh)

The web address is: [www.facebook.com/richmondriverhigh](http://www.facebook.com/richmondriverhigh)
Dear Parent/ Caregiver,

I am seeking your permission to publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child’s name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child’s work and expressions of opinion such as in interactive media.

The communications in which your child’s information may be published include but are not limited to:

- Public websites of the Department of Education and Communities including the school website, the Department of Education and Communities intranet (staff only), blogs and wikis.
- Department of Education and Communities publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department’s websites.
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter.

Parents should be aware that when information is published on public websites and social media channels, it can be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information. Published information can also be linked to by third parties.

Please complete the permission slip and return to the school by 19 September 2014.

Yours sincerely,

Dave Harvey,
Principal

Friday, 22 August 2014

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Permission to Publish

Tick the appropriate box:

[ ] I give permission [ ] I do not give permission

I have read this permission to publish and:

Tick the appropriate box:

[ ] I give permission [ ] I do not give permission

To the school/Department of Education and Communities to publish information about my child as described above, including in publicly accessible communications.

This signed permission remains effective until I advise the school otherwise.

Child’s name ..........................................................

Parent/carer/caregiver’s name ...........................................

Parent/carer/caregiver signature ...........................................

Date.................

A proud member of the Rivers Secondary College
Office of Communities - Sport & Recreation

School Holiday Activities
North Coast Region

Surf Clinic (Level 1) (67893)
(8-15 yrs) If you want to learn to surf or simply brush up on your existing skills, this is the perfect program for you. Learn about safe surfing, skill development, rips, currents and surfing etiquette.
Lake Ainsworth Sport and Recreation Centre
Monday 22 and Tuesday 23 September 2014
9am – 4pm
Cost $130

Surf Clinic (Level 2) (67894)
(8-15 yrs) If you have previously completed the Level 1 Surfing program and are looking to improve on your surfing skills, then come and join us as we take you through wave selection, turning and dismounting correctly, paddling and catching unbroken waves.
Lake Ainsworth Sport and Recreation Centre
Thursday 2 and Friday 3 October 2014
9am – 4pm daily
Cost $130

Sailing for Beginners (69263)
(10-14 yrs) A fun introductory opportunity for children to learn sailing with qualified instructors. Children will learn rigging and sailing techniques, as well as safety and teamwork on a Hobie Bravo. Participants will have plenty of opportunity to practise their new skills on the day.
Lake Ainsworth Sport and Recreation Centre
Monday 29 September 2014
9am – 4pm
Cost $55

Lake Ainsworth Raft and Ropes Adventure (69265)
(10-14 yrs) Use your creative skills working in teams to build a raft and launch it into the lake racing your friends to the finishing line. After lunch test your balance and challenge yourself on our high ropes obstacle course. Build your confidence, coordination and concentration skills as you move from one height to the next.
Lake Ainsworth Centre, Lennox Head
Thursday 2 October 2014
9am – 4pm
Cost $55

Sailing Regatta Day (69264)
(10-14 yrs) This program is for those who have previously completed the Sailing for Beginners program. Children will learn more advanced sailing skills such as how to use a tiller extension, how to skipper a small boat, various angles of the wind, basic race rules and tactics followed by a short race around an “Olympico” course.
Lake Ainsworth Sport and Recreation Centre
Wednesday 1 October 2014
9am – 4pm
Cost $55

How to enrol

Web: http://www.des.nsw.gov.au
By phone: Call 13 13 02 and have your credit card details ready (Visa, MasterCard).
By fax: Complete the enrolment form, include your Credit card details and fax to (02) 9006 3888.
By mail: Complete the enrolment form and send to:
Client Service Centre
Locked Bag 1422,
Silverwater NSW 2128