Elevate Education – Study Seminars for our HSC students

A significant factor in the incredible HSC results our students achieved last year was the engagement of our seniors in study skills seminars and mentoring. We are continuing this program in 2015. It is vital that all of our senior students attend these sessions; it will certainly help them achieve their best. Today HSC students had the benefit of seminars by Elevate Education.

“Ace your Exams” was the seminar attended by our Year 12 students. This seminar covered what students need to do in the lead up to exams in order to be properly prepared. The seminar also covered a range of exam room skills including, effective preparation, fixing mistakes, time allocation and exam room techniques.

Year 11 students’ seminar was titled “Study Sensei” this answered the question “What is study” and provided a road map for the work they will need to do this year. Skills developed included; breaking down the study process step-by-step, including the following skills dynamic reading, note-taking, conceptual learning skills, independent learning skills, standing out an assessment.

Following the seminars our Year 12 students will be further supported by mentoring.

Mr Peter Howes,
Deputy Principal
Welcome to the new RRHS Staff

Ms Dimity McKinlay has joined our CAPA staff as a drama teacher, this is her first teaching post and Dimity completed her study at UNE, Armidale.

Ms Henni Restall is our new LOTE teacher in HSIE and she will be teaching Indonesian, Henni has moved to RRHS from Ballina High School.

Ms Elise Dessmann has joined our PDHPE staff as a PE/Dance teacher, Ms Dessmann has spent the past four years teaching at Wade High School, Griffith.

Ms Jessica Saye has joined our TAS staff, teaching Food Technology, this is her first teaching job after graduating last year.

Mr Scott Allen will be teaching Science and has joined us after teaching at Lismore High School for the past seven years.

Mr Ricki Wiblen has returned to the Maths staff after a couple of years at Bingara Central School.
From the Principal

Timetabling Issues
As I mentioned yesterday on our Facebook page we are currently experiencing a number of unexpected technical timetabling issues that are relating to the school’s timetable software. These issues are impacting on the accuracy of some individual student timetables. A team of school executive staff are working to resolve all these issues as quickly as possible and we anticipate issues will be resolved by Monday. I thank you all for your patience in relation to this matter.

Uniform Policy and Exemptions
As I mentioned last year any parent or carers wanting their child to be exempt from wearing school uniform must contact the school to arrange a meeting with the Principal to discuss the matter. I also indicated last year that all previous exemptions are now expired and parents are now required to re-apply should they want to do so. On page 9 and 10 of this newsletter is a copy of the school’s uniform policy for your information.

Drop off and pick up at back of school
I am requesting that parents who are dropping off their children before school and picking up their children in the afternoon after school that this is done at the back of the school on Alexandra Parade. The front of the school is extremely busy during these times with buses arriving and departing with the vast majority of the 900 Richmond River High students.

Indonesian Language
This year the school is teaching the Indonesian language, Bahasa Indonesia. Our focus has changed from French to Indonesian acknowledging our proximity to Asia.

Mick Holten’s Retirement
I would like to wish Mick Holten, our Aboriginal Education Assistant a very happy retirement. Mick finished up this week after over 15 years of service to the Richmond River High students and community! I know that Mick positively impacted on a whole range of students over these 15 years and his legacy will be the positive relationships between himself, students, staff and parents.

Dave Harvey
Principal

From the Deputies

Mobile Devices
Mobile devices have become a great tool for learning and increasing numbers of our students are using them. Having a device for learning is not compulsory. Students can still access technology via computer labs and the library. Bring your own device (BYOD) is where students use their own devices for the purposes of learning at school. The recommended devices for school support are Apple/ Mac or Windows based laptops or Windows 7/8 tablets and ipads using keyboard attachments. All devices must receive 5Ghz a/b/g/n wireless, not 2.4 wireless to gain access to the internet at school.

It is important to note that mobile phones are not an acceptable mobile device and are not to be seen in class. Devices are only to be used at the teacher’s direction and there are many lessons where they will not be required.

Peter Howes
Deputy Principal

Advance notice – RRHS Swimming Carnival Friday 13th February-Lismore Memorial Baths.
All students at Richmond River High School are expected to attend all school carnivals. These carnivals are an integral part of the school’s culture and being involved in these events is part of belonging to the school community. There are always ways for students to be involved in the days whether they are elite athletes or enthusiastic spectators. All students are to come to school first, rolls will be marked and then students will be bussed to the pool. Students will return to the school after the carnival to either walk home or to catch their normal buses.

House meetings will be held on Friday 6th February to organise themes and activities for the day. Students will be assigned to a house. Richmond River High School has four houses: Students new to the school and in Year 7 will be allocated a house by the PE Staff. Please check the PE noticeboard next week.

Freeman-Blue  Gilchrist-Green
Kelow-Red Thomas-Yellow
Get your house colours ready along with all of your sun safe gear: hats, sunglasses, swim shirt/rashie, cover up shirt, sunscreen. Don’t forget to drink plenty of water. Please bring dry clothes, a jumper and wet weather gear just in case.

Safety: Leather shoes
All practical subjects at school require students to wear leather shoes as a Work, Health and Safety requirement. Students are not to participate in classes if they do not have the correct footwear and may be asked to complete theory work instead of participating in class activities. Students studying Science, Technology (food technology, cooking, sewing, metalwork, woodwork, mixed materials, agriculture), art, photography and VET courses, such as Hospitality, Metals, Construction and Primary Industries are required to wear leather shoes. PDHPE also requires that students have safe footwear, such as joggers for their subject.

Student Information Sessions
We believe that informing students of their responsibilities and training them in the school’s discipline policy is a positive step to begin the year. Most students behave in a responsible and respectful manner and are happy to get on with learning especially when they are aware of the consequences. Thursday 5th February Mr Howes and Mrs Williamson will be running sessions for each year group on the Flood and Evacuation Policies and the School Discipline Policy. This will be followed by a session run by Mr Hurley and the Mindfulness Team on the benefits of mindfulness and having the ability to self-calm, monitor emotions and the physical signs of stress. At Richmond River we aim to help students develop positive wellbeing strategies to maximise learning achievement.

Di Williamson
Deputy Principal
Canteen News
We are desperate for helpers in the canteen. If you could volunteer for 1 day a month or even 1 day a term it would be so helpful. If you are interested please call Kathy Claydon on 66214 890. Full training is given. I know from experience helping in the canteen is not hard and it’s a good fun day out 9 - 2 p.m.
Tania Harvey, P&C President

P & C Meeting
6.00 - 7.30 p.m.
Monday
9th February 2015

SPORT SELECTIONS FOR TERM 1 ARE BEING HELD ON MONDAY 2ND FEBRUARY.
PLEASE ENSURE ALL YEARS 8, 9 AND 10 STUDENTS HAVE A SIGNED SPORT NOTE (ONE CAN BE PRINTED FROM PAGE 5 OF THIS NEWSLETTER) ALONG WITH ANY PAYMENT THAT MAY BE NEEDED.

RRHS - Term 1 Week 2
Monday 02/02/2015
SPORT SELECTIONS TODAY
Tuesday 03/02/2015

Wednesday 04/02/2015

Thursday 05/02/2015

Friday 06/02/2015

CANTENE ROSTER - Term 1 Week 2
Monday 02/02/2015
Carrie-anne Drew
Tuesday 03/02/2015
Kelly Wilson
Wednesday 04/02/2015
Meryl Condon
Thursday 05/02/2015
Dorothy Tan
Friday 06/02/2015
Lee-anne Gibson
Canteen volunteers are needed. If you can help please phone Kathy Claydon on 6621 4890.

Attention all Parents and Carers
You can now purchase school uniforms online from Lowes. It is free delivery for orders over $100 and you can exchange sizes at the shop if needed. The Link is - www.lowes.com.au/Campuscategories.aspx?depid=305

The official Richmond River High School Facebook page is here: RRHS Facebook Page
The web address is: www.facebook.com/richmondriverhigh
Dear Parent / Caregiver,

School sport forms an important and compulsory part of each week at Richmond River High School. It is expected that **all students from Years 7 to 10 will actively participate in one sporting activity per term** to enable an enjoyable experience. We acknowledge the physical, social and personal benefits sporting and recreational activities offer and seek to enable students to experience these benefits through a wide range of activities. Please note sport takes place on **Wednesday Morning** during periods 2-3 for all students.

The sports below are being offered this term. We have a wide variety of sports and activities for selection. Some sports are free and others have associated costs, sports can only run if enough students select them. Your student will be required to select three possible sport preferences prior to the date of selection. On the selection date your student will be required to have appropriate amount of money for all three of the preferences.

RRHS has a policy of paying “up front” for sports with an associated cost. This pays for the venue and the bus travel for the whole term. Students **must** travel on the bus where one is provided and their sport must be paid for before they complete a sport with an associated cost. **Sport rolls for PAYING sports will be created once students have paid for their sport. If a student does not have the money on selection day they will be required to pick a “Non-Paying” sport.**

***** Sport Selections For All Years Will Be On 2/2/15 ******

Sports/school uniform **must** be worn or students will not be allowed on the bus. Sport selections are below with costs.

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<thead>
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<tbody>
<tr>
<td>1</td>
<td>Basketball</td>
<td>Nil</td>
</tr>
<tr>
<td>2</td>
<td>OzTag/Touch</td>
<td>Nil</td>
</tr>
<tr>
<td>3</td>
<td>Canoeing</td>
<td>$20</td>
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<tr>
<td>4</td>
<td>Yoga</td>
<td>$30</td>
</tr>
<tr>
<td>5</td>
<td>Cricket</td>
<td>Nil</td>
</tr>
<tr>
<td>6</td>
<td>MPU games</td>
<td>Nil</td>
</tr>
<tr>
<td>7</td>
<td>Croquet</td>
<td>$30</td>
</tr>
<tr>
<td>8</td>
<td>Skating</td>
<td>$50</td>
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<tr>
<td>9</td>
<td>Crossfit</td>
<td>$60</td>
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<tr>
<td>10</td>
<td>Tennis</td>
<td>$50</td>
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<tr>
<td>11</td>
<td>Curves</td>
<td>$60</td>
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<tr>
<td>12</td>
<td>Ten Pin</td>
<td>$70</td>
</tr>
<tr>
<td>13</td>
<td>Cycling</td>
<td>$15</td>
</tr>
<tr>
<td>14</td>
<td>Friends for the Ages</td>
<td>$35</td>
</tr>
<tr>
<td>15</td>
<td>GSAC Futsal</td>
<td>$60</td>
</tr>
<tr>
<td>16</td>
<td>Walking for Fitness</td>
<td>Nil</td>
</tr>
<tr>
<td>17</td>
<td>Soccer (School)</td>
<td>Nil</td>
</tr>
<tr>
<td>18</td>
<td>Skateboarding</td>
<td>$35</td>
</tr>
<tr>
<td>19</td>
<td>Volleyball</td>
<td>Nil</td>
</tr>
<tr>
<td>20</td>
<td>Weights (Years 9/10 Only)</td>
<td>$10</td>
</tr>
<tr>
<td>21</td>
<td>Fishing</td>
<td>$20</td>
</tr>
<tr>
<td>22</td>
<td>Lawn Bowls</td>
<td>$30</td>
</tr>
<tr>
<td>23</td>
<td>Dance</td>
<td>$20</td>
</tr>
<tr>
<td>24</td>
<td>Surf Survival (Surfing)</td>
<td>STBA</td>
</tr>
</tbody>
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**PLEASE COMPLETE THIS SECTION AND RETURN IT TO THE OFFICE WITH PAYMENT**

My Sport Preferences are: 1) 2) 3)

I hereby consent to my son/daughter/ward: ________________ of Year ___________ participating in Sport at RRHS 2014 on Wednesdays, which is a compulsory part of the Year 7-11 curriculum. I understand that they will travel to sport on a bus or walk under the supervision of their teacher and I give permission for them to do so.

- [ ] I enclose cash/cheque for $________
- [ ] I have made an online payment. My receipt number is: ______________
- [ ] Please debit my Credit Card (Visa/MasterCard) No: ___________________________

Expiry Date: ___________  Validation Code: ___________

Signature of Parent/Caregiver: ____________________________

**A proud member of The Rivers Secondary College**
Make Online Payments

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting $ Make a payment.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called ‘Other’, this is to cover items not covered in the previous headings, ‘other’ can be used to make a complete payment of a school invoice.

When you access the $ Make a payment you must enter:

- the students name and class and reference number

OR

- the students name and date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school. You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child’s account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

Please ensure that if you use this method to pay for Excursions that you tick the appropriate box on the permission note.

For any enquiries regarding the Online Payment process please contact the School Administration Office on 66213456.
Dunoon United Football Club
Come and play soccer at Dunoon this year

Registrations now open
go online and register at myfootballclub.com.au
or visit us at one of our information sessions
Saturday Feb 7 10am-12
Wednesday Feb 11 4pm-6
Saturday Feb 14 10am-12
all new and returning players welcome
girls, boys, seniors men and women
any child turning 5 this year can join

For more information contact
Rob Gatt (President) 0428884222
Matt Hill (Secretary) 0438590284

Alstonville Plateau Physical Club
LOOKING FOR SOMETHING NEW FOR YOUR DAUGHTER?

Registration day:
3rd of February, 4-6pm
Alstonville Leisure and Entertainment Centre

Classes Commence:
10th of February

Come along and check out our friendly club.
Contact Jenna on 0406 774 992
or check out
www.physicalculture.com.au

Are you an Aboriginal or Torres Strait Islander female looking for work?
FREE 4-WEEK COURSE

SCHOOL LEAVERS | YEAR 12 GRADUATES | PARENTS

This course provides an opportunity for Aboriginal and Torres Strait Islander females to:
- Access support available to enter the workforce
- Gain skills for work readiness and further training
- Match your skills and interests to work opportunities in your area
- Work on goal setting
- Develop leadership skills
- Build confidence and strengthen self-esteem
- Connect with other local community services
- Build positive relationships
- Receive mentoring and support

When: Commencement will begin early February, 2015.
Where: YWCA NSW Northern Rivers, 101a Ross Rd, Goonellabah.
Information and Registration: For more information or to register for this course call Naomi Moran on 66 255 611 or email: naomim@ywcaonw.com.au
REGISTRATIONS CLOSE: 4PM FRIDAY FEBRUARY 6, 2015.

Morning tea and lunch provided. Transport assistance available if required.

NCS All Star Cheerleading

Come along and join our Cheerleading Family
OPENING FUN DAY
SUNDAY FEBRUARY 1st

Cheerleading is for everyone!!!
all ages and ability
All Star Competitive Cheerleading is about fun!
commitment! team work!
JUMP, TUMBLE, DANCE & STUNT
with your friends!
BRING FRIENDS AND FAMILY
Sunday February 1st 19 Kays Lane Alstonville
check out the Cheerleading gym & sign on
Jumping castle and sausage sizzle 9am till 2pm

Richmond River High School  Telephone: 6621 3456  www.richmondri-h.schools.nsw.edu.au  Canteen: 6621 4890
LISMORE THISTLES SOCCER CLUB 2015 JUNIOR SIGN ON

Lismore Thistles Soccer Club’s Junior Sign-on Days will be held at Thistles Park, Military Road, East Lismore, from 9.00 a.m. to 1.00 p.m. on each Saturday February 2015.

All current and new players are welcome and we have junior teams from Grade 6 to Grade 16 (5 to 16 years).

- Non-competitive teams (small sided games) from Grade 6 to Grade 11.
- Competitive team competition from Grade 12 through to Grade 16 (boys and girls).

Full fees are required to be paid at Sign On or by agreement on the day – however a minimum of 50% of the fees are to be paid at Sign On and the remainder no later than Thursday 30th April 2015.

For further information, contact Wayne on 0401 069242.

lismorethistlessc@ffnc.net.au    www.lismorethistles.com.au

Hi All,

The first Northern Star Hockey Club Meeting is on next Tuesday the 03/02/2015 at the Rous Hotel, 6:30 p.m.

Please come along to support the club and assist with the decision making for the 2015 season. We have a range of positions still vacant and if you are able to help out we would be very grateful.

We will also go over some important new content coming to NSHC this season......come along if your would like to know more.

Thanks again and see you at the Rous next Tuesday the 3rd of February.

Northern Star Hockey Club
www.northernstarhc.com.au

MARIST BROTHERS JUNIOR RUGBY LEAGUE
SIGN ON Saturday 7/2/2015 and 14/2/2015 10.00am – 1.00pm and
Thursday 19/2/2015 4.00pm – 6.00pm
At Crozier Oval Lismore – next to Oakes Oval
New players please bring original birth certificate.
Online re-registration for existing players.
Fees $115 includes shorts, socks and a polo shirt
Contact Jason Drew 0401 321 289

Italo Stars FC
Player Sign-On (5yrs+)
At the Italo Aust Club, North Lismore
Feb 7th, 14th & 21st 9am – noon
Info - Dallas Guthrie 0438 250 180
Uniform Policy

Rationale:
The wearing of school uniforms by students assist Richmond River High School community in:

- defining an identity for the school within its community
- developing students’ sense of belonging to the school community
- providing an opportunity to build school spirit
- enhancing the health and safety of students when involved in school activities
- promoting a sense of inclusiveness, non-discrimination and equal opportunity
- reinforcing the perception of the school as an ordered and safe environment
- increasing the personal safety of students and staff by allowing easier recognition of visitors and potential intruders in the school
- promoting positive community perceptions of public education
- making school clothing more affordable for families by eliminating the risk of peer pressure to wear transiently.

Uniform requirements are ratified on an annual basis by the school P&C (most recently 10 November 2014).

Statement of Expectations:

A. Excursions:
- The teacher in charge of organising an excursion should discuss the suitable clothing to be worn by students when seeking approval from the Principal to run an excursion.
- Students will not be allowed to participate on a school excursion if they fail to wear the specified uniform.
- Students who have been identified as conscientious objectors can be provided with a school uniform for the purposes of attending school excursions.
- Students who are not allowed to go on an excursion due to failure to follow the above uniform procedures may not receive a refund if the excursion costs are not covered.

B. Formal Assembly Awards:
- Students to receive an award/certificate at a Formal Assembly are to wear full school uniform.
- Students who fail to comply with this procedure will receive their recognition at another appropriate time.
- Students who have been identified as conscientious objectors can be provided with a school uniform for the purposes of receiving an award or addressing a school assembly.
- Students who wish to speak to the school at an Assembly or perform in front of an Assembly must be in uniform or ask another student dressed appropriately to take their place.

C. Student and Parent/Carer Responsibility:
- Students with the support of their parents and carers are expected to exercise their full responsibilities prior to school each day for wearing of the school uniform.
- Parents/carers should provide a written explanation when their student is out of uniform due to unforeseen reasons.
- In cases of financial hardship, parents/carers may apply for Student Assistance to help with the purchase of uniform items.

Continued over page
Uniform policy continued

Procedures:
- Students who do not meet uniform requirements on a given day must bring an explanatory note from their parents or carers, and present this to Front Office staff before 9:10 a.m.
- Students who do not meet uniform requirements and who have not presented an explanatory note are identified during Daily Year Meetings. Failure to meet uniform requirements will see students being counselled and then sent to the Library for a uniform pass and a change of clothes if necessary. Repeat offenders will be issued with a lunch detention and may be referred to the Deputy Principal for further intervention.

Exemptions from wearing school uniform
From time to time individual parents may seek variations in school uniform requirements. Long term exemptions would be provided when:
- an aspect of the school uniform requirements prevents students from complying with a requirement relating to their ethno-religious and cultural background
- the student has a particular health condition that requires a modification of an aspect of the requirements
- the student is disadvantaged in complying with an aspect of the uniform because of other personal circumstances outlined in anti-discrimination and equal opportunity legislation.

Parents who may be seeking an exemption from wearing school uniform will need to:
- make the request in writing
- meet with the Principal to discuss the reasons for the objection.

The Principal will inform the parent of the decision to either support or not support the objections within 7 days of the initial meeting. Reasons will be provided to the parent if the request is not supported. All correspondence will be managed confidentially. Students whose request has been supported will be given a card that identifies them as being exempt from wearing school uniform the specified time period (up to one year).

Conditions for exemption
Parents and students whose request has been supported will be required to sign a contract that states:
- Any alternative clothing to be worn at school needs to be negotiated with the principal
- Any alternative clothing needs to be conservative in nature and resemble the specific colours of the school uniform (white, red, black and grey)
- Any alternative clothing must be plain coloured and not include logos or prints of any nature
- Appropriate footwear must be worn at all times including leather shoes for some courses
- School uniform is required for all excursions unless specified
- The principal can cancel the agreement negotiated with the parent and student if the above conditions are not being met.